

Review paper

Modulation of camptothecin analogs in the treatment of cancer: a review

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The topoisomerase I inhibitors reviewed in this paper are all semisynthetic analogs of camptothecin (CPT). Modulation of this intranuclear enzyme translates clinically in to antitumor activity against a broad spectrum of tumors and is therefore the subject of numerous investigations. We present pre-clinical and clinical data on CPT analogs that are already being used in clinical practice [i.e. topotecan and irinotecan (CPT-11)] or are currently in clinical development (e.g. 9-aminocamptothecin, 9-nitrocamptotecin, lurtotecan, DX 8951f and BN 80915), as well as drugs that are still only developed in a preclinical setting (silatecans, polymer-bound derivatives). A variety of different strategies is being used to modulate the systemic delivery of this class of agents, frequently in order to increase antitumor activity and/or reduce experienced side effects. Three principal approaches are discussed, including: (i) pharmaceutical modulation of formulation vehicles, structural alterations and the search for more water-soluble prodrugs, (ii) modulation of routes of administration and considerations on infusion duration, and (iii) both pharmacodynamic and pharmacokinetic biomodulation. [© 2001 Lippincott Williams & Wilkins.]

Key words: Camptothecin analogs, modulation, pharmacokinetics, topoisomerase I.

Introduction

Camptothecin (CPT), a plant alkaloid isolated from *Camptotheca acuminata*, was first identified in the late 1950s.¹ Due to severe and unpredictable toxic side effects in early clinical studies, including myelosuppression, severe diarrhea and hemorrhagic cystitis, the clinical development of CPT was halted in the 1970s.^{2–5} In the early 1980s several important events occurred that resulted in renewed interest in this agent. (i) The

molecular target of CPT, i.e. the nuclear enzyme topoisomerase I, was identified. This topoisomerase I was described as an enzyme involved in transient scission and relegation of DNA during the replication and transcription phases. Binding of CPT to the topoisomerase I-DNA complex (cleavable complex) and interference with the relegation step of this process was recognized as the primary mechanism of action of CPT, finally leading to double-stranded DNA breaks and, ultimately, cell death.^{6–8} Subsequent investigations indicated overexpression of this topoisomerase I enzyme in various types of solid tumors, including ovarian and colon cancer.^{9,10} (ii) At the same time, it was shown that the failures encountered in the clinical development of CPT were related, at least partially, to the drug's poor water solubility, which necessitated pharmaceutical formulation in alkaline solutions for i.v. administration. This not only led to chemical modification of the original structure into an entity lacking antitumor activity, but also induced profound alterations in the toxicological behavior of the agent.¹¹

These two key findings then boosted drug research efforts aimed at identifying and developing new [(semi-)synthetic] analogs with improved aqueous solubility while maintaining CPT's unique mechanism of action (Figure 1). Some of these agents are currently in clinical development, whilst irinotecan (CPT-11) and topotecan are now registered for use in colorectal cancer,¹² and ovarian and lung cancer,¹³ respectively. Both topotecan and CPT-11 underwent extensive clinical evaluation in phase II and III trials, and data suggested that both drugs are also active in various other tumor types in addition to the indications mentioned.^{14,15}

Unlike most other CPT analogs, CPT-11 is a prodrug with very little inherent antitumor activity. To form the active metabolite SN-38, which is 100- to 1000-fold more active than the parent compound,¹⁶ CPT-11 is hydrolyzed by a carboxylesterase.¹⁷ SN-38 in its turn

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can be metabolized further by UDP glucuronosyltransferase 1A1 to form an inactive β -glucuronide derivative (SN-38-G).¹⁸ In *in vitro* studies, topoisomerase I inhibitors showed more pronounced antitumor efficacy with protracted exposure to low concentrations. In animal models, low-dose prolonged exposure also resulted in less toxicity.^{19–23} It should be noted that for several reasons, including species differences in drug disposition and tolerability as well as intrinsic differences in tumor sensitivity, *in vitro* and animal models have been shown to be poor predictors of clinical efficacy and toxicity. Nonetheless, most clinical studies have focused on low-dose exposure to topoisomerase I inhibitors in cancer patients.^{24–29} Meanwhile, numerous researchers are unravelling the clinical pharmacodynamics and pharmacokinetics of the different analogs. This has led to an explosion in publications on this subject. The present review is focused on chemical and pharmacologic aspects of CPT analog development, with special emphasis on the choice of routes of delivery and on intrinsic differences in toxicity profiles of the various analogs, and possible ways to modulate these either pharmacodynamically or -kinetically.

Chemical properties

Structure–activity relationships

Most of the currently known CPT analogs share a basic five-ring structure with a chiral center located at C20 in the terminal E-ring. Extensive studies on the synthesis of CPT analogs and the development of structure–activity relationships have been carried out over recent years and some important general relationships have emerged.³⁰ While these relationships will clearly be refined in the years to come, current knowledge is potentially adequate for the design of improved analogs of CPT. This current knowledge is summarized in Figure 2 rather than being described exhaustively. Structure–activity studies have also shown a close correlation between the ability to inhibit topoisomerase I and overall cytotoxic potency.³¹ For the purpose of this review, a number of regions in the CPT structure are particularly relevant:

- (i) It has been shown that the topoisomerase I inhibitory activity of these agents is stereospecific, with the naturally occurring (*S*)-isomer being many-fold more potent than the (*R*)-isomer.^{7,9}
- (ii) In general, substitutions at C7, C9 and C10 tend to increase topoisomerase I inhibition and sometimes increase water solubility, whereas substitutions at C12 decrease antitumor activity.¹⁶
- (iii) Similarly, the formation of certain additional ring structures, e.g. between C7 and C9 or C10 and C11, increases activity.^{32–35}
- (iv) One of the principal chemical features of this class of agents is the presence of a lactone functionality in the E-ring, which is not only essential for antitumor activity, but it also confers a degree of instability to these agents in aqueous solutions.³⁶ All known camptothecins can undergo a pH-dependent reversible interconversion between this lactone form and a ring-opened carboxylate (or hydroxy acid) form (Figure 1), of which only the lactone form is able to diffuse across cell membranes and exert the characteristic topoisomerase I inhibitory activity. At neutral or physiologic pH, the equilibrium between the two species favors the carboxylate form for all the CPTs. As outlined, an understanding of this hydrolysis reaction helps to explain several observations in the early development of these agents. Because CPT was administered as the more water-soluble sodium salt, patients were exposed to high concentrations of the relatively inactive carboxylate species, whereas large amounts of drug were excreted in urine, where the low pH favored closure of the lactone ring with resulting hemorrhagic cystitis.^{2,4} The equilibrium between the lactone moiety ring and the carboxylate form of the CPTs is not solely dependent on the pH, but also on the presence of specific binding proteins in the biological matrix, most notably human serum albumin (HSA). Following establishment of equilibration at 37°C in phosphate-buffered saline (PBS), equal amounts of the various CPT analogs are present in the pharmacologically active lactone form, with values of 17, 19, 15, 13 and 15% for CPT, 9-aminocamptothecin (9-AC), topotecan, CPT-11 and SN-38, respectively.^{37,37} Addition of 40 mg/ml HSA shifts the equilibrium for CPT and 9-AC towards the carboxylate form, with approximately 1% present in the lactone form at equilibrium.^{37,38} In contrast to HSA, addition of murine serum albumin to 9-AC leads to approximately 35% existing in the lactone form at equilibrium.³⁸ As opposed to CPT and 9-AC, HSA actually stabilizes the lactone moiety of CPT-11 and SN-38, with values of 30 and 39%, respectively, present in the lactone form at equilibrium, while almost no effect was seen for topotecan.³⁷ It has been proposed that the differences in the percentiles present in the lactone form at equilibrium is related to sterical considerations of the various

substituents at the R₁ and R₂ positions (Figure 1A). For some of the more recently developed CPT analogs, the substituents cause sterical hindrance and prevent binding of the carboxylate forms to HSA, and so drive the equilibrium towards the lactone species.

Conventional drug formulations

The inherent instability of the lactone form and the inactivity of the carboxylate form have posed a specific challenge to the development of a suitable dosage form of CPT analogs. Since the lactone form is strongly

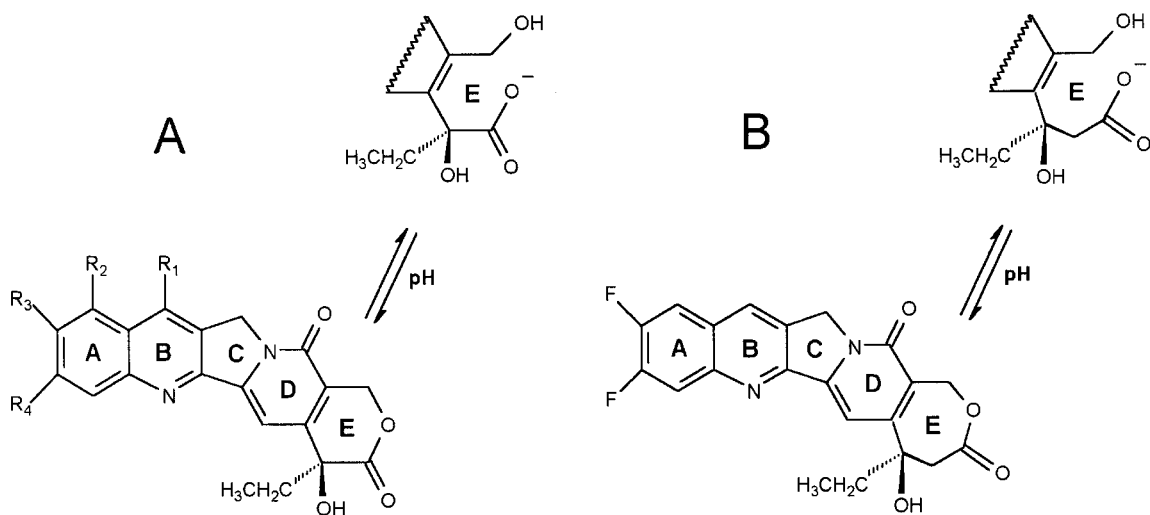


FIGURE A	R ₁	R ₂	R ₃	R ₄
CPT	H	H	H	H
9NC	H	NO ₂	H	H
9AC	H	NH ₂	H	H
TPT	H	CH ₂ N(CH ₃) ₂	H	H
CPT-11	CH ₂ CH ₃	H		H
SN-38	CH ₂ CH ₃	H	OH	H
LRT		H		
DX-8951			CH ₃	F

Figure 1. Chemical structures of CPT analogs with a 6-numbered (A) or 7-numbered (B) E-ring.

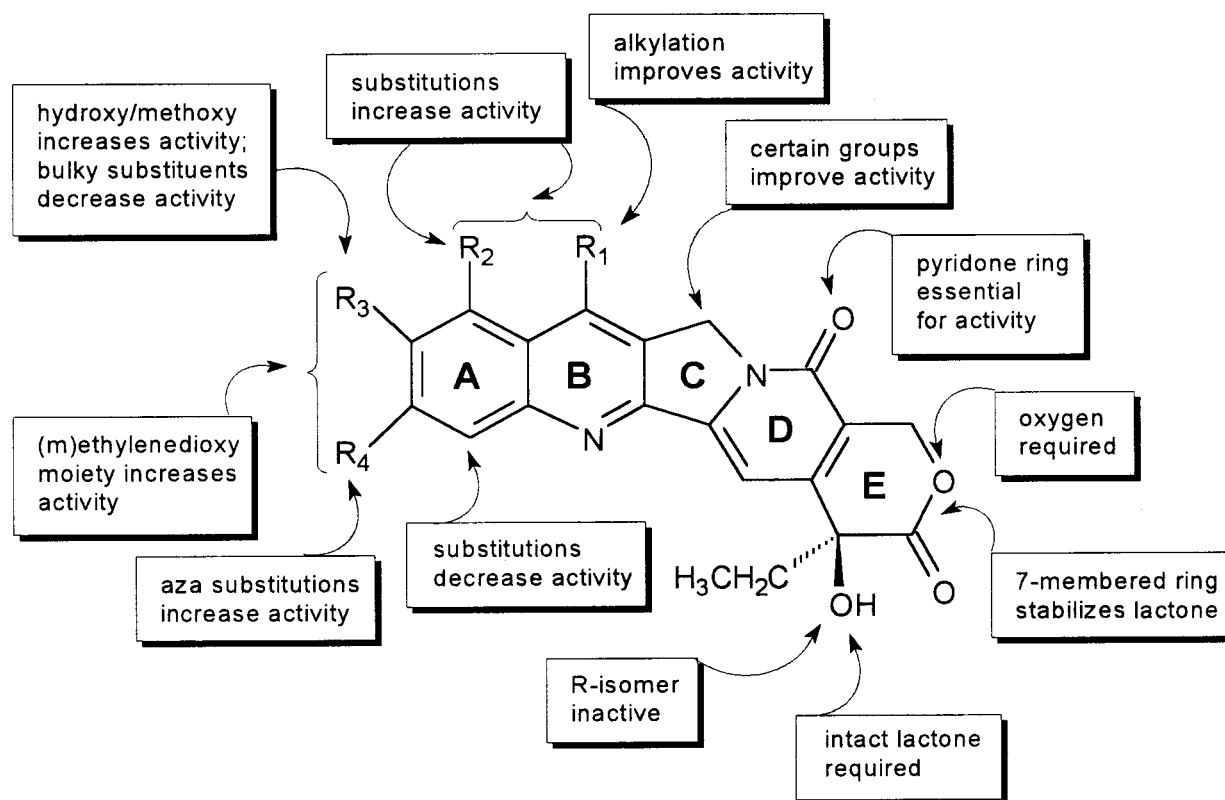


Figure 2. Structure–activity relationships of CPTs.

avored by an acidic pH, as outlined above, the currently registered agents topotecan and CPT-11 have both been formulated in buffered dosage forms. Topotecan is available as a powder containing topotecan hydrochloride and tartaric acid, yielding an aqueous solution for infusion of pH 2.5–3.5 after reconstitution. This solution is stable for at least 12 h at room temperature, whereas the dry powder is stable for at least 2 years at room temperature. The pharmaceutical dosage form of CPT-11 is similarly based on formulation of the hydrochloride form of the drug in an aqueous solution, containing a lactic acid–sodium hydroxide buffer system of pH 3.5–4.5. Current shelf-life studies have shown that the injection concentrate is stable for at least 3 years at room temperature when protected from light.

Pharmaceutical modulation

Alternative formulations

In recent years, a variety of alternative pharmaceutical formulations have been or are currently being evaluated. Important properties of these alternatives will be that they allow drug doses to be delivered at levels

(at least) similar to those achieved with the conventional formulations and that the drugs should be stable for several hours in order to be handled in a clinical setting. Despite the tremendous efforts invested so far, only very few of the alternatives have fulfilled the requirements to justify clinical testing. The rationale for re-formulation of CPT or its analogs has been either to stabilize the lactone moieties or to induce sustained release combined with specific tumor targeting of these agents. An example of the first approach has been the formulation of CPT, CPT-11 or 10-hydroxy-CPT in microspheres composed of poly-D,L-lactic acid or poly(D,L-lactic-co-glycolic acid).^{39–42} The influence of various encapsulation procedures on the release of these agents has been extensively examined and has shown stabilization of the lactone form due to an acidic microclimate of the microspheres combined with enhanced pharmacokinetic characteristics in animal models.⁴³ Although from a theoretical perspective the modulation of CPT in this prolonged release system could be attractive by reducing local toxicity and improving therapeutic efficacy, no phase I studies have been performed so far.

Alternatively, substantial progress has been made recently toward liposomal formulation of a number of

important CPT analogs. Liposomes are microparticulate carriers that consist of one or more lipid bilayer membranes enclosing an internal aqueous phase. The most common constituents are synthetic or naturally occurring phospholipids and cholesterol. Although several reports address the considerations in choosing the specific liposome constituents and their physical properties (e.g. for CPT,²¹ topotecan^{44,45} and CPT-11^{46,47}), relatively little information has been presented on toxicity profiles and antitumor activity. A recent study reported, however, that liposomal topotecan, encapsulated in sphingomyelin/cholesterol liposomes using an ionophore-generated proton gradient, was eliminated from the plasma much more slowly than the free drug, resulting in a 400-fold increase in systemic exposure.⁴⁸ The liposomal preparation also protected topotecan from lactonolysis, and increased antitumor activity in both murine and human tumor models. Likewise, data have been generated demonstrating that unilamellar liposomal formulations of lurtotecan (NX 211⁴⁹ and SPI-355⁵⁰) have significant therapeutic advantage over free drug, and that the increased activity is consistent with increased systemic exposure and enhanced tumor-specific delivery of the drug. Based on these exciting data, several phase I clinical trials have been initiated with NX 211 given to cancer patients in either weekly or 3-weekly regimens and preliminary findings corroborate the preclinical pharmacological profile of this agent.⁵¹

CPT and a number of analogs, notably topotecan, have also been formulated in solid-lipid nanoparticles [composed of stearic acid, soybean lecithin and polyoxyethylene-polypropylene copolymer (Poloxamer 188)]⁵² and dimethyl- β -cyclodextrin to stabilize the lactone form.⁵³ Although these systems are promising sustained release and drug-targeting systems in various preclinical models, their clinical merit has not yet been evaluated.

Synthetic derivatives

9-AC. 9-AC is a semisynthetic CPT derivative which showed outstanding preclinical activity against a wide spectrum of tumor types, including those of breast, colon, lung and prostate and melanoma.⁵⁴ In clinical trials, the drug has been very extensively studied using two different formulations based on the use of dimethylacetamide/polyethylene glycol 400 or a colloidal dispersion preparation, which enhances solubility and stability. Clinical phase I investigations have been conducted using a variety of i.v. administration schedules, including a 30-min infusion given daily for 5 days every 3 weeks, and more prolonged infusion schedules using 24-h, 72-h, 96-h and 7- or 21-day

continuous dosing repeated every 4 weeks.⁵⁵⁻⁶¹ All of the studies report neutropenia as the dose-limiting toxicity, while thrombocytopenia is also frequent and sometimes severe. Gastrointestinal toxicity is the second most reported, though not dose limiting. Other toxicities are considered mild to moderate. Numerous multi-institutional phase II studies have been conducted in several disease types, and overall, 9-AC shows only very modest single-agent activity and its further evaluation does not seem indicated.^{59,62-64} It has been suggested that the lack of clinically relevant antitumor efficacy relates to substantial inactivation of the agent due to the unfavorable lactone/carboxylate ratio in patients.³⁸

Homocamptothecins (hCPTs). In the search for more stable CPT analogs, the synthetic preparation of derivatives bearing a seven-membered E-ring, the so-called hCPTs, has been described (Figure 1B).⁶⁵ The lactone ring is stabilized by modification of the naturally occurring six-membered α -hydroxylactone ring into a seven-membered β -hydroxylactone ring by insertion of a methylene spacer between the alcohol and the carboxyl moiety. The lead compound in this series, i.e. hCPT, has been shown to be more stable than CPT, remains a highly potent inhibitor of both cell growth with superior topoisomerase I inhibitory activity as compared to CPT⁶⁶⁻⁶⁸ and, most interestingly, changes the sequence-specificity of the drug-induced DNA cleavage by topoisomerase I.⁶⁹ Indeed, in contrast to CPT which shows a rapid hydrolysis of the lactone moiety until a pH- and protein-dependent equilibrium has been reached, hCPT displays a slow and irreversible hydrolytic lactone ring opening.⁷⁰ After a 3 h incubation of CPT and hCPT in human whole blood at 37°C, the fraction present in the lactone form was 6% in the case of CPT and 80% in the case of hCPT. This remarkable difference is not only due to the slower ring opening of hCPT, but also to a higher affinity of hCPT for red blood cells.⁷¹ Based upon this promising feature of hCPT, a series of derivatives of this agent was developed that combine enhanced plasma stability and potent topoisomerase I-mediated cytotoxicity. Various fluorinated analogs were subsequently found to have potent cytotoxic activity against several cell lines, including those overexpressing a functionally active P-glycoprotein.⁷² Figure 1(B) shows the chemical structure of BN 80915, one of the most promising fluorinated hCPT analogs, which recently has entered clinical phase I testing.

Silatecans. Using a cascade radical annulation route to the CPT family, a novel series of CPT analogs, i.e. 7-silylcamptothecins or silatecans, have been synthe-

sized that exhibited potent inhibition of topoisomerase I, dramatically improved blood stability and sufficient lipophilicity to favor blood-brain barrier transit.⁷³ Preliminary evaluation in preclinical mouse models indicate that silatecans may hold significant promise for the treatment of high-grade gliomas and provide a rationale for proceeding with further (pre)clinical evaluation of their efficacy and safety versus commercially available CPT derivatives, including topotecan and CPT-11.

Hexacyclic CPTs. Two representative agents of the hexacyclic CPT analogs are currently under investigation. The first of these, lurtotecan (also known as GI147211 or GG211), is a water-soluble, totally synthetic derivative with a dioxalane moiety between C10 and C11.⁷⁴ This agent has been evaluated clinically in various phase I and phase II trials using a 30-min i.v. infusion given daily for 5 consecutive days or as a 72-h continuous i.v. infusion.⁷⁵⁻⁷⁷ The dose-limiting toxicity in both schedules was myelosuppression, including severe neutropenia and thrombocytopenia. Non-hematological toxicities were various and only mild to moderate. Because the oral bioavailability was highly variable and as low as 10%,⁷⁸ alternative ways of drug administration are currently being developed, including a new liposomal formulation (NX 211; see above).

The second agent, DX-8951f or exatecan mesylate, is a new water-soluble, CPT analog with an amino group at C1 and a fluorine at C5.⁷⁹ DX-8951f showed superior and a broader spectrum of antitumor activity *in vitro* and *in vivo* in comparison with the other CPT analogs tested.^{80,81} Recently, the results of a phase I evaluation of DX-8951f have become available, with the drug administered as a 30-min i.v. infusion given daily for 5 days every 3 weeks.^{82,83} Brief, non-cumulative neutropenia was the most common toxicity and was seen consistently at doses greater than 0.5 mg/m²/day. Other non-hematologic toxicities were mild to moderate in severity. Various other schedules, including a once every 3 weeks regimen with 30-min i.v. infusions^{84,85} and one based on continuous i.v. infusions of 5-21 days are presently under investigation.⁸⁶ The 30-min infusion regimen with daily administration for 5 consecutive days is now being tested in clinical phase II trials in various disease types, including non-small cell lung cancer,⁸⁷ pancreatic cancer,⁸⁸ ovarian cancer⁸⁹ and colorectal cancer.⁹⁰

Prodrugs

Because of the poor aqueous solubility of some CPT analogs, some major efforts have been put into the

design and synthesis of more water-soluble prodrugs that could be more readily formulated than the parent drug. Many of the synthesized compounds have shown only marginal improvements in solubility or are too unstable to allow administration in a clinical setting. The instability of prodrug forms of, for example, CPT is particularly problematic, since the product of degradation (generally the parent drug) is insoluble and precipitates in aqueous solutions. Other synthetic approaches have produced fairly stable prodrugs, but the rate of active drug liberation proceeds at a too slow and variable rate. To date, two approaches in prodrug design have yielded agents that have progressed to clinical evaluation, i.e. the 9-nitro derivative of CPT and polymer-coupled derivatives of CPT and DX-8951f.

C9-substituted derivatives. One of the most extensively studied agents of this class is 9-nitrocarnitocin (9-NC), which acts as a partial prodrug of 9-AC.^{91,92} 9-NC has a nitro radical in the C9 position and is highly insoluble in water, and was initially identified as a precursor in the semi-synthetic production of 9-AC. Since nearly all human cells are able to convert 9-NC to 9-AC, including tumor cells, it has been proven difficult to identify whether 9-NC-mediated antitumor activity is directly associated with the parent drug alone or with 9-AC alone, or the combination of both.⁹³ Preliminary evidence generated in clinical phase II trials suggests that 9-NC may be potentially useful in the treatment of advanced pancreatic cancer and refractory ovarian cancer using a daily times 4 or 5 per week schedule with the drug given orally.⁹⁴ An extensive clinical phase II program is currently being conducted to test the efficacy of this agent against various malignant diseases.^{95,96}

Polymer-bound derivatives. One of the possible ways to modulate anticancer agents is the use of their attachment to macromolecules because these high molecular weight prodrug carriers can lead to reductions in systemic toxicity, longer retention time within the body, alterations in biological distributions and possible improvements in therapeutic efficacy.^{97,98} Its use is dependent on the concept of the enhanced permeability and retention (EPR) effect in solid tumors.⁹⁹ This EPR effect is based on four general characteristics of tumor tissues in comparison with normal tissues: (i) hypervascularity, (ii) hyperpermeability, (iii) defective vascular architecture and (iv) less efficacious drainage due to a hypoplastic or minimally effective lymphatic system.⁹⁹ The pharmacokinetic characteristics of CPT were the starting point to modulate its structure in this way. As indicated, CPT is highly insoluble in water and by converting the C20-

OH moiety into an ester coupled to an amino acid spacer to allow better solubilization in aqueous environments, several macromolecular prodrugs of CPT have been generated in recent years.¹⁰⁰ Two of these, MAG-CPT and PEG-CPT, have progressed to clinical evaluation.^{97,101} The former consists of CPT covalently bound to a soluble polymer [*N*-(2-hydroxypropyl) methacrylamide (HPMA)] through a glycyl-aminohexanoyl-glycyl spacer, whereas the latter is a macromolecule derived through conjugation of chemically modified polyethyleneglycol with CPT at the C20-OH position. A variety of preclinical studies with MAG-CPT and PEG-CPT have shown stabilization and sustained release of CPT, and also prolonged drug retention within experimental tumors.^{97,101} Recently, the preliminary results of clinical phase I studies of PEG-CPT¹⁰² and MAG-CPT (also referred to as PNU 166148)¹⁰³ have been reported, and indicate substantially prolonged exposure times to the active species as compared to administration schedules of the free drugs.

In an effort to prolong exposure times of DX-8951f to tumor tissues that might increase cytotoxic properties and antitumor efficacy, a prodrug has recently been generated by linking the agent to a biodegradable carrier via a peptide spacer (DE-310). Clinical evaluation of this prodrug to examine this hypothesis is currently being conducted.

Routes of delivery

Intravenous dosing and considerations of infusion duration

Intravenous administration of CPT analogs is currently the most commonly used route of delivery. The advantages of this route are many, including the fact that the total amount and duration of the administered drug can be controlled. As mentioned earlier, this has the advantage of controlled prolonged delivery of the drug. In this regard, most of the studies have been done with topotecan,⁵ and several of the most promising regimens have been selected to enter phase II testing, i.e. a daily times 5 every 3 weeks 30-min schedule,^{104,105} weekly or 3-weekly 24-h infusion^{106,107} and a 21-day continuous low-dose infusion administered every 4 weeks.^{13,25,27,29,108} Besides proposed schedule dependency on antitumor activity, toxicity also appears to vary considerably. Overall, the dose-limiting toxicity is myelosuppression, consisting primarily of neutropenia, whereas in some continuous infusion schedules thrombocytopenia was more pronounced.^{25,104} Anemia and non-hematological side effects, including nausea, vomiting, diarrhea, fatigue,

asthenia, alopecia and mucositis, are common but usually mild, and do not seem to be schedule dependent. Most of the studies showed that prolonged exposure to i.v. administered topotecan is feasible. Randomized comparison of the daily times 5 schedule every 3 weeks and 24-h infusion once a week for 4 weeks repeated every 6 weeks in patients with ovarian cancer suggests that the daily times 5 topotecan regimen was significantly superior with respect to response rate.^{109,110} Randomized studies between the 5-day schedule and the 21-day continuous infusion schedule are not yet available.¹¹¹

Regarding the administration of CPT-11, different schedules are currently being used in Europe (350 mg/m² as a 90-min infusion once every 3 weeks),¹¹² the USA (125 mg/m² given weekly as a 90-min infusion for 4 or 6 weeks)¹¹³ and Japan (100 mg/m² given weekly as a 30-min infusion).¹¹⁴ In all these dosing schedules, the total amount of CPT-11 that can be tolerated in any time period is similar.¹¹⁵ Schedules with protracted infusions that have been investigated vary between 96 h weekly to 14-day continuous infusion.^{116,27,117} The maximum tolerated dose in these studies (10–30 mg/m²/day) is much lower than for the short duration schedules. Surprisingly, the AUC of the active metabolite SN-38 reaches comparable levels as reported for the short-duration regimens, which is not completely understood. One possible explanation would be that the enhanced metabolism of CPT-11 relates to saturation of carboxylesterase-mediated conversion of CPT-11 with (high-dose) short infusion schedules. As for toxicity, myelosuppression and diarrhea are the dose-limiting events in all tested regimens. Like with topotecan, protracted low-dose schedules give rise to more thrombocytopenia,¹¹⁶ while in shorter schedules neutropenia is more prominent. The influence of infusion duration on antitumor activity has not yet been evaluated in a randomized setting.

Oral dosing

As indicated, the high specificity in the mechanism of action of CPT analogs for the S-phase in the cell cycle has led to the recognition that the compounds may require prolonged exposure to maximize the fractional cell kill. In this regard, the availability of clinically useful oral formulations of currently available CPT analogs would provide increased convenience for the administration of chronic dosing regimens and the opportunity for cost-effective outpatient therapy.⁹⁴ Since most of the CPT analogs have relatively short terminal disposition half-lives, the use of protracted oral dosing is not necessarily the same as continuous i.v. infusion,

although if the postulated concept of time over threshold concentration is a valid indication of both toxicity and efficacy, oral dosing can mimic continuous infusion regimens. Formal oral bioavailability studies have been conducted for several agents, and have yielded bioavailability values for topotecan of 30–44%,^{118–120} for 9-AC of about 50% depending on the formulation applied^{121,122} and for lurtotecan of 11%.⁷⁸ Clinical data are not yet available for CPT-11, although murine data show an oral bioavailability of between 10 and 20%, depending on the dose administered.¹²³

The development toward suitable oral regimens for CPT analogs has to date been most extensively studied for topotecan using daily or bi-daily administration of 5-,¹²⁴ 10-,¹²⁵ or 21-day schedules.¹²⁶ A variety of clinical studies have shown that with an increase in prolonged topotecan administration by this route, a shift occurs in dose-limiting toxicity from hematological toxicity (mainly granulocytopenia) toward severe gastrointestinal side effects, most notably diarrhea.¹²⁷ These investigations further indicated that the schedule applied, rather than the applied systemic exposure per course seemed to be related to the type of experienced toxicity.¹²⁷ Based on these considerations, the daily times 5 schedule has been recommended for future studies. The need for further clinical development of the oral topotecan formulation became even more important in view of recent findings that the oral formulation has similar efficacy in the treatment of advanced ovarian and small-cell lung cancers as compared to the i.v. formulation, while less hematological toxicity was observed.^{128,129}

Based on theoretical considerations, including the fact that carboxylesterases are highly expressed in human liver and the gastrointestinal tract that could result in presystemic metabolism to SN-38,¹³⁰ it appears particularly attractive to deliver CPT-11 by the oral route. Indeed, the preliminary findings of substantially increased SN-38 to CPT-11 concentration ratios with oral CPT-11 administration as compared to i.v. administration seem to sustain this notion.^{131,132} In addition, oral drug administration was associated with increased persistence of circulating levels of the lactone form of SN-38, which might be an additional advantage with potential pharmacodynamic importance.¹³³ The clinical utility of oral CPT-11 administration is currently under further investigation.

Local drug administration

Hepatic arterial dosing The narrow therapeutic window of systemic administration of CPT and its analogs has prompted a search toward local drug administration, with the rationale to obtain selectively

higher activity against locally confined tumors and/or lower systemic toxicity without loss of antitumor activity. The pharmacokinetic behavior of CPT-11 was recently compared during 5-day hepatic arterial and i.v. infusion in a group of cancer patients.¹³⁴ These findings indicated that arterial drug administration leads to significantly higher conversion of CPT-11 into the active metabolite as compared to the i.v. administration, although the clinical relevance of this observation is, as yet, unknown.¹³⁵ In recent years, various agents have also been used for arterial embolization in an attempt to encapsulate the concomitantly administered chemotherapeutic agent and, thereby, further enhance the local drug concentration. This concept has been tested with CPT-11 administered with hepatic arterial chemoembolization to patients with primary and metastatic hepatic malignancies.¹³⁴ Further studies are clearly required to confirm efficacy of this treatment, and should aim at measuring systemic and tumor tissue concentrations.

Pulmonary delivery Liposomal aerosol formulations of CPT and 9-NC have recently been developed for nasal inhalation treatment of experimental lung tumors xenografted in nude mice. It was found that this preparation was strikingly effective in the treatment of these xenografts growing s.c. over the thorax at doses much lower than those traditionally used in preclinical models administered by other routes.¹³⁶ Interestingly, 9-NC aerosol therapy was also effective against established melanoma and osteosarcoma lung metastases.¹³⁷ Concurrent pharmacokinetic studies showed that this type of treatment results in a prompt pulmonary distribution at substantial levels that could not be achieved with conventional routes of delivery, including oral and intramuscular.^{138,139} Overall, these data suggest that local delivery of CPT analogs to the respiratory tract by liposome aerosol treatment might offer advantages over existing methods in the treatment of some diseases.

Intraperitoneal dosing Intraperitoneal administration has been used as a strategy for increasing total drug delivery to ovarian cancers confined to the peritoneal cavity. The pharmacokinetic behavior of topotecan suggests that a substantial pharmacokinetic advantage might be obtained following i.p. injection. Indeed, recent clinical evidence suggests very slow peritoneal clearance of topotecan and high peritoneal:plasma concentration ratios of > 10 after i.p. drug administration.¹⁴⁰ Intraperitoneal administration of CPT-11 has also been studied recently in animal models and showed some potential advantages over the i.v. route. It appeared that the therapy was more

efficient with an increase in life span and was less toxic as compared to the i.v. route in mice bearing C26 colon tumors. In addition, substantially elevated AUCs of CPT-11 and SN-38 were found in the peritoneum, although plasma levels were comparable to i.v. dosing.¹⁴⁰ The clinical implications of these observations have not yet been evaluated.

Biomodulation

Pharmacodynamic alterations

The use of biomodulators to increase the therapeutic index of chemotherapeutic treatment has made a significant impact on certain diseases.¹⁴¹ A number of cancer chemotherapy biomodulators have been approved for clinical use in humans and these agents can modulate anticancer drugs through either pharmacodynamic or -kinetic modulations. Among extensively studied biomodulating agents are the class of hematopoietic growth factors to decrease chemotherapy-induced neutropenia and anemia. Initial attempts to increase topotecan dose intensity with the use of granulocyte colony stimulating factor (G-CSF) failed, since thrombocytopenia and fatigue rapidly emerged as dose-limiting effects with the daily times 5 schedule.^{142,143} On the other hand, G-CSF administered after five daily infusions of topotecan permitted a 2.3-fold dose escalation above the maximum-tolerated dose,^{144,145} although it was concluded that the substantial toxicity, inconvenience and costs associated with this high-dose topotecan/G-CSF regimen does not warrant further development. Similarly disappointing results have been obtained with topotecan or 9-AC administered by prolonged continuous infusions.^{146,147} The addition of G-CSF with CPT-11 administration has also been advocated by some investigators;^{148,149} evidence for increased dose intensity or clearly improved chemotherapy based on G-CSF support is still lacking. Therefore, the use of G-CSF outside clinical trials to support chemotherapeutic treatment is not recommended.

The principal non-hematologic toxicity for all topoisomerase I inhibitors is gastrointestinal. Nausea and vomiting are frequent^{56,75,104,112} but, with the introduction of selective serotonin antagonist of the 5-HT₃-receptor, this side effect is adequately manageable. Diarrhea is also frequent and mild to moderate in severity with i.v. administration schedules. It appears to be unrelated to the schedule used,^{56,75,104,112} except in the case of CPT-11, where with oral administration diarrhea becomes the prime dose-limiting toxicity especially when using the prolonged schedules.^{24,122,125,126,150}

In the treatment with CPT-11 two types of diarrhea can be distinguished, i.e. an early- and a late-onset form. The early-onset diarrhea is part of a cholinergic-like syndrome and manifests in sweating, salivation, abdominal cramping and diarrhea.¹⁵¹ Interestingly, this cholinergic syndrome has not been described for other CPT analogs. It has been argued that the unique structural features of CPT-11, including a bipiperidino group that shows similarity with a known stimulant of nicotine receptors of autonomic ganglia, dimethylphenylpiperazinium iodide, is responsible for this phenomenon.¹⁵² More recently, it has been found that the mechanism behind the transient cholinergic reaction observed clinically is more likely mediated through a rapid reversible inhibition of acetylcholinesterase by the lactone form of CPT-11.¹⁵³ Clinical evidence indicates that this side effect can be adequately treated in the acute phase as well as prophylactically with the use of i.v. atropine.

CPT-11-induced delayed-type diarrhea has been reported to be severe (NCI-CTC grade 3–4) in 11–23% of patients,^{113,154} but even the less severe diarrhea still might influence continuation of therapy. Moreover, diarrhea related to drug-induced colon-mucosal damage, as observed in both rodents¹⁵⁵ and humans,¹⁵⁶ can cause severe and potentially lethal illness, especially during concomitant occurrence of neutropenia. Once delayed-type diarrhea has occurred, high-dose regimen loperamide renders the diarrhea manageable.¹⁵⁷

Prophylactic treatment of this frequently observed side effect has been investigated in numerous studies. Potential modulation of delayed-type diarrhea has been examined clinically with several agents, including an enkephalinase inhibitor¹⁵⁸ and glutamine,¹⁵⁹ and in animal models with a lipopeptide¹⁶⁰ and interleukin-15,¹⁶¹ with different results. A recent preliminary report on co-treatment with thalidomide claims a good protection against diarrhea, but we still have to await pharmacokinetic results to weigh this study on its proper value.¹⁶² To explain the mechanism by which CPT-11-mediated delayed-type diarrhea is triggered, many pharmacokinetic analyses in humans have been performed in order to predict the incidence of this diarrhea, with conflicting results. Some studies described a correlation between late-onset diarrhea and the systemic glucuronidation rates of SN-38 (i.e. the biliary index).¹⁶³ Recently, it was suggested from animal models that β -glucuronidase activity from the microflora in the large intestines may play a major role in the development of CPT-11-induced diarrhea, by mediating the hydrolysis of biliary secreted SN-38G, thereby causing local accumulation of SN-38, which subsequently causes damage to the intestinal epithe-

lium.¹⁶⁴ This observation has led to experiments in which antibiotic treatment inhibited the β -glucuronidase activity from the intestinal microflora, thereby decreasing the luminal SN-38 concentration, and subsequently reducing intestinal damage and ameliorating diarrhea.¹⁵⁵ A recent study in humans showed that antibiotic treatment with neomycin did not alter SN-38 pharmacokinetics in plasma and gave protection to recurrent diarrhea in over 85% of the patients experiencing diarrhea in the first course (unpublished data, DK and AS). The expected mechanism of blocking bacterial β -glucuronidase activity causing a subsequent rise in the SN-38/SN-38G concentration ratio has recently been confirmed. It would be even more attractive to use an agent that specifically inhibits the microbial β -glucuronidase activity. Hange-shasin-to (also referred to as TJ14), a herbal medicine that contains the β -glucuronidase inhibitor baicalin, has recently been described to be a potent inhibitor of delayed-type diarrhea caused by CPT-11 in a rat model¹⁶⁵ as well as in humans.¹⁶⁶ Unfortunately there is no information yet on possible changes in the systemic disposition of CPT-11 and its metabolites which are likely to occur due to inhibition of plasma β -glucuronidase activity by this agent—information of vital importance in view of antitumor activity.

It has also been speculated based on *in vitro* studies that raising pH values in the intestines by intestinal alkalization might decrease reabsorption of biliary secreted SN-38 after i.v. CPT-11 administration and, as a result, lowers intestinal side effects.¹⁶⁷ Again, demonstration of unaltered pharmacokinetics of SN-38 in the presence of intestinal alkalization is of crucial importance. Thus, although this approach might show reduced CPT-11-mediated intestinal toxicity, this may be a pyrrhic victory if a simultaneously altered metabolic clearance (by way of a decreased enterohepatic recirculation of SN-38) results in reduced antitumor activity.

Pharmacokinetic alterations

Intestinal metabolic systems and drug efflux pumps located in the intestinal mucosa represent a major limitation in the bioavailability of orally delivered drugs.¹⁶⁸ Several enzymes located in the enterocyte, like the cytochrome P450-3A4 isozyme (CYP3A4), are involved in the presystemic metabolism of many anticancer agents, including etoposide and paclitaxel, thereby limiting the oral absorption of these drugs. Since CYP3A4 is involved in the metabolism of CPT-11, it has been proposed that the bioavailability of this agent might be substantially enhanced by pharmacokinetic modulation of enteric CYP3A4 activity, e.g. by

concomitant administration of ketoconazole, erythromycin or quinidine.¹⁶⁹ Similarly, P-glycoprotein and the Breast Cancer Resistance Protein (BCRP), which are abundantly present in the gastrointestinal tract, have been shown recently to limit the intestinal absorption of various agents, including topotecan.¹⁷⁰ Combined inhibition of intestinal P-glycoprotein and BCRP by the investigational agent GF120918 was shown recently to increase the systemic exposure to topotecan in both animals and patients with the bioavailability increasing from a mere 30–44 to >90%, suggesting that modulation of these transporters simultaneously could be considered in the development of substrate anticancer agents given by the oral route.¹⁷¹

As indicated, several preclinical studies have identified CYP3A4 to form two pharmacologically inactive oxidation products known as APC and NPC, as one of the principal enzymes involved in CPT-11. In addition, it was shown that ketoconazole, a synthetic imidazole-type broad-spectrum antifungal agent as well as a potent inhibitor of CYP3A4, inhibited APC and NPC formation by 98 and 99%, respectively, at tested concentrations as low as 1 μ M.^{172,173} Previous investigations indicated that with standard oral doses of ketoconazole (200–400 mg/day), peak plasma concentrations are in the range of 4–20 μ M, suggesting that concomitant treatment of ketoconazole is likely to substantially alter the disposition of CPT-11 administered i.v. to cancer patients. Indeed, a recent pilot pharmacokinetic study in a cancer patient receiving CPT-11 with or without ketoconazole indicated a substantial pharmacokinetic interaction between the two drugs at the level of drug metabolism, and indicated that these agents cannot be administered together without dose adjustments (unpublished data, AS and JV). If confirmed in a larger group of patients, the concomitant administration of ketoconazole might enable CPT-11 dose reductions without affecting systemic exposure to the active metabolite, SN-38, and potentially eliminates interpatient variability in CPT-11 pharmacokinetics that arise as a result of (genetically defined) patient differences in CYP3A4 expression levels.¹⁷⁴

There are many other potential approaches to improve the therapeutic index of CPT-11 through pharmacokinetic biomodulation, including modulation with inhibitors of biliary secretion processes mediated by P-glycoprotein and/or cMOAT (e.g. cyclosporin A) and with inducers of UDP glucuronosyltransferase isoforms involved in SN-38 glucuronidation (e.g. phenobarbital).^{175,176} A clinical trial to evaluate the pharmacological and toxicological implications of a combination regimen of CPT-11, cyclosporin A and

phenobarbital is currently in progress, and preliminary findings indicate substantial antitumor activity with this combination without the occurrence of significant diarrhea despite a very low systemic exposure to SN-38.¹⁷⁷ This finding is supportive of the conjecture that activation of CPT-11 by intratumoral carboxylesterases might be even more important than circulating SN-38 concentrations.^{178,179}

Conclusions and future perspectives

CPTs are among the most promising new anticancer drugs that have been developed in recent years. Topotecan and CPT-11 are now registered for the treatment of ovarian and colon cancer, respectively. The unique mechanism of action on topoisomerase I and activity against a broad spectrum of other malignancies are an ongoing stimulus for further clinical development. With the growing knowledge on pharmacodynamics and pharmacokinetics of the different CPT analogs, the poor water solubility and pH-dependent reversible interconversion between the active lactone and inactive carboxylate form, as well as increase in activity or stability by substitutions to specific sites on the molecule, much effort has and will be invested to increase the antitumor activity of this group of drugs. Meanwhile pharmacological modulation, particularly of CPT-11, can be of interest to reduce toxicity and to influence metabolic pathways. Although much effort is being put into development of new analogs, the question to answer remains if drugs under development will ultimately lead to the theoretically expected higher activity and/or reduced toxicity. Last but not least, optimization of schedules, routes of administration and combination therapies will lead to numerous new studies in different tumor types. It is to be expected that in the future many new formulations and/or combinations will be developed. In contrast to other previously registered anticancer drugs, the pharmacological knowledge on how CPT analogs behave in humans will lead to a more logical and quicker development of these agents.

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